

## Resource List for Montezuma County

Addressing more than just medical problems can lead to a happier, healthier life. You shared with us that you have needs that are typically not addressed in a medical setting. We want to help. Listed below are resources that may help you with those needs. If you don't see a resource that is right for you or would like to talk about additional needs that you may have, please contact Western Colorado 2-1-1 (by dialing 211), a free and confidential resource and referral center. *Note that there may be changes due to COVID-19. Where known, these are listed. It may be a good idea to call first to see if there are any other changes.*

### Interpersonal Violence Programs

#### National Resources:

National Domestic Violence Hotline: (800) 799-7233  
 National Domestic Violence Hotline for Hearing Impaired (TTY): (800) 787-3224  
 National Sexual Assault Hotline: (800) 656-4673  
 National Suicide Crisis Line: (800) 273-8255

**FOR IMMEDIATE ASSISTANCE DIAL 911**

| Provider   | Phone   | Website   | Information  |
|--|---|---|--|
| <b>Southwest Safehouse – Volunteers of America</b> | Administration<br>(970) 259-1021<br><b>CRISIS LINE:</b><br><b>Available 24/7</b><br><b>(970) 259-5443</b> | <a href="https://www.voacolorado.org/gethel-southernco-southwestsafehouse">https://www.voacolorado.org/gethel-southernco-southwestsafehouse</a> | Emergency shelter for adults and children who are victims of domestic violence and/or sexual assault and other violent crimes.<br>Mon-Fri 8:00 am–5:00pm (Administration)<br><b>Crisis Services available 24/7</b> |
| <b>Domestic Violence Safehouse- Renew Inc.</b>     | Administration<br>(970) 565-9116<br><b>CRISIS LINE:</b><br><b>Available 24/7</b><br><b>(970) 565-9116</b> | <a href="http://www.renew-inc.org">www.renew-inc.org</a>  | Provides temporary, confidential shelter for adults and children who are survivors of domestic violence or sexual assault.<br>Mon-Fri 8:00 am – 5:00 pm.<br><b>Crisis Services available 24/7</b>                  |
| <b>StrongHearts Native Helpline</b>                | <b>CRISIS LINE:</b><br><b>7am-10pm</b><br><b>(844) 762-8483</b>   | <a href="http://www.strongheartshelpline.org">www.strongheartshelpline.org</a>  | Culturally appropriate domestic violence and dating violence helpline for Native Americans.<br>Administration (512) 766-8908   |

### Food Assistance Programs

#### State Resource: Hunger Free Colorado (855) 855-4626

Provides assistance with applying for ongoing government food programs such as Food Stamps/SNAP, WIC, The Emergency Food Assistance Program (TEFAP), Commodity Food Assistance Program (CFAP), and assists with locating other food resources in the community.

Hours of Operation are **Monday – Friday, 8:00 am – 4:30 pm.**

Services are available in English and Spanish; Interpretation Services available and all services are confidential.

You may also apply for the Food Stamps/SNAP program online at <https://coloradopeak.secure.force.com/>

|  |  |   |  |
|--|--|---|--|
| <b>Food Pantry Good Samaritan Center</b>     | (970) 565-6424<br><br><b>For Delivery Call:</b><br><b>(970) 560-0119</b> | <a href="http://www.goodsamaritancortez.org/">www.goodsamaritancortez.org/</a>  | <b>Location:</b> 30 N. Beech St, Cortez, CO 81321<br><b>Curbside Hours:</b> <b>Mon-Thur 12pm-2pm</b><br><b>Delivery Hours:</b> Tue and Thur 3pm – Please call 24 hours advance, when possible.<br><b>Eligibility:</b> Anyone is eligible to receive emergency food assistance. A photo ID is required. |
| <b>Food Pantry New Nation Worship Center</b> | (970) 565-3709   | <a href="https://www.facebook.com/New-Nation-Worship-Center-101051223302356/">www.facebook.com/New-Nation-Worship-Center-101051223302356/</a> | <b>Location:</b> 500 N Washington St, Cortez CO 81321<br><b>Hours:</b> Every Other Thursday, 12pm<br><b>Eligibility:</b> Individuals, Seniors and families who live in the cities of Cortez, Dolores or Mancos   |

## Resource List for Montezuma County

| Food Assistance Programs Continued...   |  |  |  |
|---|--|--|--|
| Provider  | Phone  | Website  | Information  |
| <b>Food Pantry - Evangel Assembly of God</b>  | (970) 565-4198   | <a href="http://www.facebook.com/cortezevangelassemblyofgod/">www.facebook.com/cortezevangelassemblyofgod/</a>               | <b>Location:</b> 209 W 5 <sup>th</sup> St, Cortez, CO 81321<br><b>Hours:</b> Wednesday 9am – 1pm<br>Due to the COVID-19 pandemic, the food pantry is not open. If in need, call for an appointment.<br><b>Eligibility:</b> Individuals, seniors and families in need who live in the city of Cortez. <b>Call for more info</b>                 |
| <b>Food Pantry - Mancos Food Share</b>  | (509) 830-4380   | <a href="http://www.facebook.com/Mancos-FoodShare-1032159926891842/">www.facebook.com/Mancos-FoodShare-1032159926891842/</a> | <b>Location:</b> 680 Grand Ave, Mancos, CO 81328<br><b>Hours:</b> Monday 3pm – 5pm<br><b>Eligibility:</b> For individuals, seniors and families in need who live in Mancos. <b>Call for more info.</b>   |
| <b>Montezuma County Senior Services: Congregate Meals – temporarily suspended due to COVID-19</b> |  |  |  |
| <b>Cortez</b>   | (970) 565-4166<br>Business hours:<br>M-F 8:30am – 4:30pm | <a href="http://montezumacounty.org/web/departments/seniors/">http://montezumacounty.org/web/departments/seniors/</a>        | <b>Location:</b> 107 No. Chestnut, Cortez, CO 81321<br><b>Hours:</b> Mon, Wed, Thur, Fri, 12pm-1pm<br><b>Eligibility:</b> Adults 60 or over and their spouse<br><b>Food Boxes:</b> Available 4 <sup>th</sup> Tuesday of the month – call for info.<br>Congregate meals temporarily suspended due to COVID-19. Please contact for home-delivery |
| <b>Dolores</b>  | (970) 882-7337   | <a href="http://montezumacounty.org/web/departments/seniors/">http://montezumacounty.org/web/departments/seniors/</a>        | <b>Location:</b> 400 Riverside Ave, Dolores, CO 81323<br><b>Hours:</b> Mon, Wed, Thur, Fri, 12pm-1pm<br><b>Eligibility:</b> Adults 60 or over and their spouse<br>Congregate meals temporarily suspended due to COVID-19. Please contact for home-delivery   |
| <b>Mancos – Masonic Hall</b>  | (970) 533-7721   | <a href="http://montezumacounty.org/web/departments/seniors/">http://montezumacounty.org/web/departments/seniors/</a>        | <b>Location:</b> 141 E Montezuma Ave, Mancos, CO 81328<br><b>Hours:</b> Mon, Wed, Thur, Fri, 12pm-1pm<br><b>Eligibility:</b> Adults 60 or over and their spouse<br>Congregate meals temporarily suspended due to COVID-19. Please contact for home-delivery.   |
| <b>Montezuma County Senior Services: Home Delivered Meals</b>                                     |  |  |  |
| <b>Cortez</b>   | (970) 564-2771<br>(970) 564-2885<br>(970) 564-2772       | <a href="http://montezumacounty.org/web/departments/seniors/">http://montezumacounty.org/web/departments/seniors/</a>        | <b>Location:</b> 107 No. Chestnut, Cortez, CO 81321<br><b>Hours:</b> Meals are delivered up to 5 days a week<br><b>Eligibility:</b> Adults 60 or over who are homebound. Call for more information   |
| <b>Dolores</b>  | (970) 882-7337   | <a href="http://montezumacounty.org/web/departments/seniors/">http://montezumacounty.org/web/departments/seniors/</a>        | <b>Location:</b> 400 Riverside Ave, Dolores, CO 81323<br><b>Hours:</b> Meals are delivered up to 5 days a week<br><b>Eligibility:</b> Adults 60 or over who are homebound. Call for more information   |
| <b>Mancos</b>   | (970) 533-7721   | <a href="http://montezumacounty.org/web/departments/seniors/">http://montezumacounty.org/web/departments/seniors/</a>        | <b>Location:</b> 141 E Montezuma Ave, Mancos CO<br><b>Hours:</b> Meals are delivered up to 5 days a week<br><b>Eligibility:</b> Adults 60 or over who are homebound. Call for more information   |
| <b>Commodities- Montezuma County</b>  | (970) 565-4166   | <a href="http://montezumacounty.org/web/departments/seniors/">http://montezumacounty.org/web/departments/seniors/</a>        | <b>Eligibility:</b> Adults 60 or over, income eligibility<br>1 <sup>st</sup> Saturday of the month, 9am-9:30am<br>Call for more information  |

## Resource List for Montezuma County

| Food Assistance Programs Continued...  |  |   |   |
|--|--|---|---|
| Provider   | Phone                                    | Website   | Information   |
| Soup Kitchen<br>St. Barnabas<br>of the Valley<br>Episcopal<br>Church   | (970) 565-7865                           | <a href="http://www.stbarnabascortez.org">www.stbarnabascortez.org</a>  | <b>Location:</b> 110 W North St, Cortez, CO 81321<br><b>Hours:</b> Tue, Thur, 12pm – 1pm (warm meal)<br>Sat 12pm – 1pm (sack lunch)<br><b>Eligibility:</b> Individuals, seniors and families in need of a warm meal<br><b>Note:</b> Warm meal is temporarily a sack lunch   |
| Soup Kitchen<br>First United<br>Methodist<br>Church of<br>Cortez   | (970) 565-3002                           | <a href="https://www.facebook.com/FIRST-United-Methodist-Church-of-Cortez-Colorado-138944362924723/">https://www.facebook.com/FIRST-United-Methodist-Church-of-Cortez-Colorado-138944362924723/</a> | <b>Location:</b> 515 N Park St, Cortez, CO 81321<br><b>Hours:</b> Mon, Wed, Fri 12pm – 1pm (take-out lunch)<br><b>Eligibility:</b> Individuals, seniors and families in Cortez, Dolores or Mancos<br>Temporarily a sack lunch during COVID-19 pandemic  |
| Other: RE-1<br>School District   | (970) 565-7522                           |   | Food for students may be picked up in town or it will be delivered by the bus system to those living in the country. Call the School District for more information.   |
| Housing and Utility Assistance Programs  |  |   |   |
| <b>National:</b> Online Web search tools for low-income housing<br><a href="https://apps.hud.gov/apps/section8/index.cfm">https://apps.hud.gov/apps/section8/index.cfm</a> and <a href="http://www.socialserve.com/">http://www.socialserve.com/</a> |  |   |   |
| Housing Authority of Montezuma County  |  |   |   |
| Public<br>Housing &<br>Section 8<br>Voucher<br>Program   | (970) 565-3831<br>TDD:<br>(855) 890-9663 | <a href="http://www.mc-ha.org">www.mc-ha.org</a>  | <b>Location:</b> 37 N Madison, Cortez, CO 81321<br><b>Hours:</b> Mon-Thur, 9am-3:30pm by appointment<br><b>Eligibility:</b> Low-income individuals, seniors and families in need of safe, affordable housing, who meet program requirements.  |
| Emergency<br>Services – The<br>Pinon Project<br>Family Res.Ctr   | (970) 564-1195                           | <a href="https://www.pinionproject.org/family-and-supportive-services">https://www.pinionproject.org/family-and-supportive-services</a>   | <b>Location:</b> 210 E Main St, Cortez, CO 81321<br><b>Description:</b> Emergency services for rent, mortgage and car repair<br>Call for more information and for other services  |
| Southwest<br>Center for<br>Independence<br>Housing &<br>Benefits Svs   | (970) 903-5974                           | <a href="http://www.swindependence.org">www.swindependence.org</a>  | <b>Location:</b> 432 N Broadway #160, Cortez, Co 81321<br><b>Hours:</b> Monday – Friday, 8:30am-4:30pm, by appointment only<br><b>Eligibility:</b> Individuals living with a disability   |
| Montezuma<br>County DHS<br>LEAP – Winter<br>Heat<br>Assistance<br>Program  | (866) 432-8435                           | <a href="https://www.colorado.gov/pacific/cdhs/leap">https://www.colorado.gov/pacific/cdhs/leap</a>   | <b>Location:</b> MAIL IN ONLY PROGRAM Applications can be picked up at Montezuma County DHS<br><b>Hours:</b> Monday-Friday, 7:30am-5pm, November 1 <sup>st</sup> through April 30th<br><b>Eligibility:</b> Low-income individuals and households who meet income guidelines and are a legal resident in the United States.<br>Call for more information or to have application mailed to you. |

## Resource List for Montezuma County

| Transportation Programs                                |                |   |  |
|--|----------------|---|--|
| Provider   | Phone          | Website   | Information  |
| Road Runner Stage Lines (SUCAP)<br>Road Runner Transit | (970) 563-4545 | <a href="http://roadrunnerstagelines.com/route-schedule/">http://roadrunnerstagelines.com/route-schedule/</a>                                     | <b>Location:</b> Go online for specific stop locations<br><b>Hours:</b> Monday-Sunday, 6:40am-7:10pm<br><b>Description:</b> Stops in Durango, Mancos, Cortez, Dolores, Rico, Telluride, Placerville, Ridgeway, Montrose, Delta, and Grand Junction<br><b>For more information or to purchase tickets call (970) 533-0389</b>   |
| Salvation Army (gas voucher only 1 time event)         | (970) 564-4228 |   | <b>Location:</b> 201 N Pinon Dr. #D, Cortez, CO 81321<br><b>Hours:</b> Tuesday-Saturday, 9am-3:30pm.<br><b>Eligibility:</b> Residents of Montezuma and Dolores counties. Application required. Call to schedule intake appointment 2 weeks in advance.   |
| Non-Emergency Medical Transportation                   |                |   |  |
| Intelliride - Non-emergency medical transport services | (855) 489-4999 | <a href="http://www.gointelliride.com">www.gointelliride.com</a>  | To schedule your ride, please have the following information: <ul style="list-style-type: none"> <li>Your name, Medicaid ID and pick up address</li> <li>Your doctor's or facility's name, address, and telephone number</li> <li>The date and time of your medical appointment</li> <li>If a support person or escort will be traveling with you—due to capacity, drivers may deny additional passengers that are not the person going to the appointment or medically documented escorts</li> </ul> <b>Call to schedule a minimum of 2 days in advance</b> |
| Montezuma County Senior Services (MoCo)                | (970) 564-2773 | <a href="http://montezumacounty.org/web/departments/public-transportation/">http://montezumacounty.org/web/departments/public-transportation/</a> | <b>Location:</b> 1700 N Dolores Rd, Cortez, Co 81321<br><b>Hours:</b> Monday – Friday, 7:30am-5pm to schedule.<br>Transportation available Mon-Fri, 9am – 4pm (WINTER HOURS)<br><b>Eligibility:</b> Adults age 60 or older who are in need of disability transit services to doctor appointments   |